



Medication Assisted Treatment Program



Do you have an addiction to heroin, pain killers, morphine or other opiate based drugs? Tired of using to feel normal? Do you want to stop? If the answer is yes then contact the Southeast Medication Assisted Treatment Program.

Medication Assisted Treatment or MAT is the use of medication to reduce withdrawal discomfort and reduce craving. The medication is prescribed as part of a comprehensive treatment program that also includes 9 hours of individual and group addictions counseling in the first phase. The total program length is about 9 months with phase two and three being progressively less intensive than phase one.

If you are a Southeast client, see your primary worker and they can make a referral for you. If you are not a current Southeast client please contact our MAT admissions department at 614.225.0990 and schedule an intake appointment.



Southeast's Medication Assisted Treatment (M.A.T.) Program

The program team consists of a Program Coordinator, Nurse, Therapist and Case Manager

Do I need insurance?

Yes; insurance is required (unless Drug Court refers you). Medicaid is an accepted insurance.

Is this a Suboxone clinic?

No; MAT is an opiate **treatment program**. If you're just looking for a prescription for Suboxone there are doctors in the community who are able & willing to prescribe it.

In the MAT program, participants must complete **9 Hrs of Treatment activities each week:**

- Group (4 hrs/wk)
- Individual Counseling (1 hr/wk)
- Client's choice of sober support in community (4 hrs/wk)

Do I need to detox first?

- No; you can enter the MAT Program while you are still using.
- If you **want** to detox **and/or** reduce your amount of use before starting you can, but it is not required that you do so.

Where can I go to detox?

OSU Talbot Hall (614) 257-3761 1492 E. Broad St. (Columbus)	The Woods at Parkside (800) 282-5512 349 Olde Ridenour Rd. (Columbus)	Maryhaven (614) 445-8131 1791 Alum Creek Dr. (Columbus) Locations in Marysville, Delaware, and Mt. Gilead as well
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As long as I don't relapse on heroin/pills that's okay...using anything else is fine?

No; MAT is an **abstinence-based** Therapy program; once treatment starts **all** AOD use must stop:

- Alcohol
- Marijuana
- Benzos
- Cocaine

Does Vivitrol have any withdrawal symptoms?

No; because it is not an opiate there is **no risk** of withdrawal from Vivitrol.

How do I know Vivitrol is safe?

- **Naltrexone** was approved by FDA to treat addiction back in the '80s
- Vivitrol is simply the **extended-release form** of Naltrexone.
- FDA approved Vivitrol to treat alcoholism in 2006.
- FDA approved it for treating opiate addiction in 2010.

The MAT Program likely lasts **9 - 18 months**, or longer if you feel you need it.

How do I get into the MAT Program?

- Call the Program Coordinator or Therapist to schedule a screening. The screening will take about 30 minutes. After the screening and if you are seen eligible for the program, you'll need to schedule an intake, full physical and initial appointment with the MAT doctor before you start the medication.